



The Westbury Wipeout ! 2011



Licence N° – Subject to Permit Medical Cover - Level 1 Event Entry Fee - £5.00
PLEASE USE CAPITALS AND WRITE CLEARLY

FAMILY NAME		FORENAME			
GENDER	M	T SHIRT SIZE	AGE ON DAY	CATEGORY - 8 and 9 years – 2k run	
(Circle)	F			(Circle) 10 and above years – 3k run	
ADDRESS					
POSTCODE			TELEPHONE		
CLUB			SCHOOL		
PARENT / GUARDIAN CONTACT DETAILS (name and emergency contact telephone number on the day)					
PARENT / GUARDIAN DECLARATION – My child is medically fit to run and will abide by the rules of UK Athletics and enter the event entirely at their own risk. I recognise that my child may get wet and / or muddy, and will encounter trip hazards, and confirm that they are able to cope with these challenges. I do not hold the organiser responsible for any injury, loss or damage my child may sustain in the course or in connection with this event. My child will pay attention to directions provided before and during the race. They will follow the advice of the 'Instructions for Participants' and of the 'Water Safety Leaflet' available on the day.					
Signed - _____		Date - _____		Race Number - _____	
(OFFICIAL USE)					



Westbury Harriers proudly present

The Westbury Wipeout ! 2011



Monday 11th July 2011 at 7.00 pm Blaise Castle Estate, Henbury, Bristol

The **Westbury Wipeout** is a challenging multi terrain adventure run for young people age 8 and above, taking them on a tour of the woods, streams and hills of the Blaise Castle Estate. The event is 3k long (2k for 8 and 9 year-olds), and includes a long downhill section, some scrambling up banks and slopes, and plenty of splashing through water and across mud, rocks, roots and steps. The course is only lightly marked. Survivors will have to overcome the 'Decent of Doom', 'Shark Lagoon', 'Ditch of Destruction', 'Crocs Leap', 'Hills of Torment', 'Festering Fords', 'Trolls Bridge' and 'Satans' Scramble'..... See 'Route Map' inside for location of challenges.

As a fun run, the emphasis is on adventure and challenge, and participants are advised that, once they start, the only way out is on their own two feet ! All participants will receive a T shirt printed especially for the event. Please collect this, together with '[Instructions for Participants](#)' and '[Water Safety Leaflet](#)', at least 15 minutes before the start of the run.

The British and Irish Junior Fell Running Champion, who does much of his training in Blaise Castle, will be along to act as 'Hare' for the run, and to greet the runners as they finish.

Run registration / assembly point - Westbury Harriers' club house (adjacent to the main car park and playground) at Blaise Castle. The run starts at 7:15pm. Please arrive in plenty of time to be able to register.

Entry - £5:00 (cheques payable to 'Westbury Harriers') by post to 'Westbury Wipeout', 9B Etloe Road, Bristol BS6 7PG by 4th July. Entries will also be taken on the day from 6.30pm, subject to a race limit of 200 entrants.

Under UK Athletics Rules, Licence No. Subject to Permit. Minimum age 8. Due to the nature of the terrain, the event is unsuitable for wheelchairs.

For further information phone Philip Court 01454 613 720 or see www.westburyharriers.co.uk



runbritain website - www.runbritain.com

'[Instructions for Participants](#)' and '[Water Safety Leaflet](#)' will be provided at registration and displayed on the club house notice board. Due to the nature of the terrain, the event is unsuitable for wheelchairs.

UKA Guidance for entrants - Entrants should be advised that they are responsible for their own safety before, during and after competition, this includes the wearing of suitable clothing and footwear as appropriate for the conditions. Runners should have an up-to-date tetanus injection. Race Numbers must not be mutilated.

Race Director – Philip Court (events@westburyharriers.co.uk)



runbritain website - www.runbritain.com